



The Multiple Faces of Trauma

*Dynamics of
Resiliency and Recovery*

AAPPN Spring Conference

Friday, April 9, 2009
Doubletree Hotel and
Conference Center SeaTac

**ASSOCIATION OF ADVANCED PRACTICE
PSYCHIATRIC NURSES**
5550 33rd Avenue NE
Seattle, WA 98105

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The Multiple Faces of Trauma

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AAPPN Spring Conference

Annual Meeting and Awards Banquet

Association of Advanced Practice Psychiatric Nurses

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about the conference

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Objectives:

- Describe the spectrum of responses to trauma in a variety of populations.
- Discuss neurobiological responses to trauma.
- Explore advances in the pharmacological treatment of PTSD.
- Discuss the role of resiliency in coping with stress.

contact hours

Attendees may, upon approval, earn 7.5 contact hours of which 4.5 can be applied toward the pharmaco-therapeutic continuing education requirement for advanced practice nurses with prescriptive authority. Contact hours for this continuing nursing education activity have been submitted to Washington State Nurses Association, an accredited approver by the American Nurse Credentialing Center's Commission on Accreditation. Please contact Connie Huffine at AAPPN for more information about contact hours. Participants must be present for 100 percent of the educational activity to receive contact hours.

questions?

Contact AAPPN at 206-524-4090. This brochure is available on our website at www.aappn.org.

conference registration

Space is limited. Reservations are accepted in the order received. A confirmation letter with directions will be mailed after payment is received. Cancellation will be honored if a written request is received by March 22, 2010. There will be a \$75 processing fee for all cancellations.

conference location

- Doubletree Hotel,
18740 International Blvd.,
SeaTac

Just minutes from SeaTac Airport, the Doubletree is a full-service hotel with high-speed Internet access, a spa, and complimentary airport shuttle service. The facility is ADA accessible. Reserve before April at 800-222-8733 or www.seattleairportdoubletree.com. Ask for the AAPPN room rate of \$129 per night plus taxes. The code is APN. Parking is \$8 a day.

about AAPPN

AAPPN is an organization of advanced practice psychiatric nurses. We support the educational, legislative, and networking needs of our members by providing continuing education conferences, a lobbyist, chapter meetings, and web page.

more information

speakers

Mary Ann Nihart, MA, APRN, CS, BC, has a private practice, teaches, and coordinates special projects for the University of California, Davis. In addition to her work with Professional Assault Crisis Training, Inc, she teaches nationally and internationally on depression, PTSD, psychopharmacology, and prevention of violence in mental health treatment settings.

Randal Beaton, PhD, EMT, is a professor in the University of Washington School of Nursing, Department of Psychosocial and Community Health. He has conducted FEMA–National Institute for Occupational Safety and Health (NIOSH) funded resiliency research and provided training for high stress worker populations.

April Gerlock, PhD, ARNP, PMHCNS-BC, PMHNP-BC, has more than thirty years experience working with survivors of a variety of traumas including military combat, sexual trauma, and civilian assault. Her research and academic interest focus on PTSD symptoms, management, and caregiver stress.

Pamela Zoeller, MSN, ARNP, works for the U.S. Army, Department of Defense, Fort Carson, Colorado. Active duty soldiers as primary clients have been her base since December 2007. Ms. Zoeller has been working with veterans for over 30 years from Vietnam to Operation Iraqi Freedom plus WWII vets who have been re-traumatized by current wartime issues.

Kitty Grupp, PhD, ARNP, works in private practice and at Consejo Counseling and Referral Service. She has done research with women who have PTSD and substance use disorders. Dr. Grupp has worked extensively with women who have chronic complex PTSD.

conference committee

- Merry Armstrong and Mary Ellen O’Keefe (cochairs)
- Melanie Anderson
- Jan Davis-Morgan
- Kitty Grupp
- Randi O’Brien
- Cheryl Raleigh-DuRoff
- Patti Varley

conference schedule

Friday, April 9, 2010

7:00 am
Registration, breakfast, and networking

8:00 am
Announcements and welcome

8:15 am
“The Impact and Neurobiology of Trauma” —
Mary Ann Nihart, MA, APRN, CS, BC

9:45 am
Break, posters, visit displays

10:15 am
“Promoting Resilience in High Stress Populations” —
Randal Beaton, PhD, EMT

11:45 am
Lunch, annual meeting, posters, visit displays

1:00 pm
“PTSD and Violence: Perpetrator or Victim?” —
April Gerlock, PhD, ARNP, PMHCNS-BC, PMHNP-BC

2:00 pm
“Warriors Returning Home: Treating the Soldier/Veteran and Family” — Pamela Zoeller, MSN, ARNP

3:00 pm
Break, posters, visit displays

3:30 pm
“Speak with the Experts Panel” —
Mary Ann Nihart, MA, APRN, CS, BC
April Gerlock, PhD, ARNP, PMHCNS-BC, PMHNP-BC
Pamela Zoeller, MSN, ARNP
Kitty Grupp, PhD, ARNP

4:30 pm
Evaluation

5:00 pm
Awards banquet

registration form

Seventeenth Annual AAPPN Spring Conference

ASSOCIATION OF ADVANCED PRACTICE PSYCHIATRIC NURSES

NAME (AS YOU WANT IT TO APPEAR ON YOUR NAME TAG)

ADDRESS

CITY

STATE

ZIP

E-MAIL

PHONE

Conference fees: *Before 3/22/10* *After 3/22/10*

Members \$235 \$255

Nonmembers \$255 \$275

Students \$125 \$125

\$53 for guests at Friday evening dinner

Cost includes meals (breakfast, lunch, snack, and dinner), handouts, and contact hours.

I will be attending the annual awards banquet at no additional cost.
Dinner preference: Chicken Florentine with Risotto
 Vegetarian Three-Cheese Manicotti

Number of dinner guests (\$53 each): _____

Guest(s) dinner preference: _____ Chicken _____ Vegetarian

I will not be attending the awards banquet.

Total amount enclosed \$ _____

Check Visa Mastercard Exp. date _____

Card # _____

Register by phone: 206-524-4090 or fax 206-524-0963. This brochure is available on our website at www.aappn.org.

Make checks payable to AAPPN and mail with this form to:
AAPPN • 5550 33rd Ave NE • Seattle WA 98105